



## BEAUTY OF WEST

### Day 1: Phuntsholing

- Arrive at Phuntsholing
- Check in to hotel
- Sightseeing at Phuntsholing if it's late

### Over-night: Phuntsholing

### Day 2: Phuntsholing to Thimphu (4-5 Hrs.)

- Complete all immigration work
- Drive toward Thimphu: The capital city of Bhutan
- Upon arrival to Thimphu check in to hotel
- After 5 PM, visit the fortress of Thimphu, Tashichho Dzong, which houses the throne of the king.
- Evening walk around the happening town, the largest and the most crowded town in Bhutan.

### Overnight: Thimphu

### Day 03: Thimphu – Punakha (3 Hrs.)

- Visit Folk Heritage Museum which explains how a traditional house used to be like in the olden days.
- Drive to Punakha crossing over Dochula pass (3200 mts). If the weather permits one can enjoy a spectacular breath taking view of the highest mountain peaks of Bhutan at a site that stretches almost 180 degrees. Take a break and walk around the newly built 108 stupas and continue to the sub-tropical valley of
- Hike toward Chimi Lhakhang, the temple of fertility associated with religious art of phallus
- Drive to visit Punakha Dzong (fortress), which houses the most elaborated temple in the country.

### Day 04: Punakha – Paro (4.5 Hrs.)

- Drive towards Paro.
- Upon arrival in Paro, visit Paro Dzong (Fortress)
- Visit Drukgyel Dzong- The ancient dzong built during olden period and recently renovated to celebrate the birth anniversary of Prince of Bhutan.
- Drive toward town for some leisure activities.

### Overnight: Paro

### **Day 5: Trek Paro – Bumdra**

- After an early breakfast, we will drive to Paro, Sang Chhoekhor, where our trekking crewmembers will be waiting for us. Our trek will start from here to Bumdra. Bumdra, which is blessed by 1,00,000 dakini.

At Sang Chhoekhor, you can visit Sang Chhoekhor Lhakhang, which is a Buddhist College.

The trek to Bumdra for about first 1-2hrs walk will be ascent of a shady, forested ridge brings us to a clearing with prayer flags and views down into both the Paro and Do Chhu Valleys.

The Chhoe Tse Lhakhang (temple) nestles on the mountainside about 2 hrs. Hike from Sang Chhoekhor. The trail undulates before the last steep section up to the pretty temple, which offers commanding views south over Paro and northwards to the snowcapped Himalayas.

After a final 20-minute climb through ruins and fluttering prayer flags, we plunge back into ancient forest, and, after traversing for about 40 minutes, we come out onto a high wide meadow dotted with sacred chortens and prayer flags.

Our camp for the night is tucked away just under Bumdra Monastery (Cave of a Hundred Thousand Prayers) and offers unimpeded views of the Himalayan range. After lunch we can visit the monastery and meditate there for whole afternoon.

**Overnight: Bumdra camp (3800m)**

### **Day 6: Bumdra to Taktsang**

- After our breakfast, we will start our trek to Paro via Taktsang Monastery. After one to two hours of descent we catch glimpses of the golden roofs of temples below. The path snakes across the mountainside between these monasteries before reaching the gardens of Zangtopelri (Heaven on Earth), from here you get views of the Taktsang Monastery. An hour later you reach Taktsang Monastery. You can have your picnic lunch at the view point and further walk down- hill for an hour will reach the road head where your vehicle will be waiting for you.
- After that we will drive toward hotel and if you all have energy one can have leisure time at town.

**Overnight: Paro**



**Day 7: Departure**

- Departure from Bhutan by flight or drop to Indian border in Jaigon/Phuntsholing

**WELCOME TO BHUTAN**