



Glimpse of Bhutan

05 Days/ 04 Nights

Day 01| Departure for Paro, Bhutan – Thimphu(1.5 Hrs.)

Day 02| Thimphu – Punakha(3 Hrs.)

Day 03| Punakha – Paro(4.5 Hrs.)

Day 04| Paro Sightseeing

Day 05| Departure

Day 01| Arrival Paro –Thimphu (1.5 Hrs.)

- Upon your arrival in Paro airport our guide will be there to welcome you and transfer to Thimphu.
- After Lunch visit the Memorial Chorten (temple) built in memory of the late 3rd King. This place now happens to be a get together point for the elderly people, who spend their whole day chanting prayers and meeting their friends.
- Visit Changangkha Lhakhang, the oldest temple in the valley offering a beautiful view of the valley.
- Visit the largest and the newly built statue of Buddha offering magnificent view of entire Thimphu valley.
- After 5 PM, visit the fortress of Thimphu, Tashichho Dzong, which houses the throne of the king.
- Evening walk around the happening town, the largest and the most crowded town in Bhutan.

Overnight: Thimphu| Altitude: 2300m

Day 02| Thimphu – Punakha (3 Hrs)

- Morning visit the happening weekend market (Friday, Saturday, Sunday) where the locals from the surrounding villages come to sell their produce.
- Visit the School of Arts and Crafts where students learn 13 different arts used predominantly in Bhutan.
- Visit Folk Heritage Museum which explains how a traditional house used to be like in the olden days.
- Later visit the National Library which houses the collection of Bhutanese rich religious text and the contemporary Buddhism teachings from master all around the world.
- Lunch in the town and drive to Punakha crossing over Dochula pass (3200 mts). If the weather permits one can enjoy a spectacular breath taking view of the highest mountain peaks of Bhutan at a sight that stretches almost 180 degrees. Take a break and walk around the newly built 108 stupas and continue to the sub-tropical valley of Punakha.
- **Overnight: Punakha| Altitude: 1350m**



Day 03| Punakha – Paro (4.5 Hrs)

- After breakfast drive to visit Punakha Dzong (fortress), which houses the most elaborated temple in the country.
- Hike toward Chimi Lhakhang, the temple of fertility associated with religious art of phallus.
- En route could stop in Thimphu for lunch.
- After lunch could continue some of the sightseeing that you might have had missed earlier, Simthokha Dzong.
- Later in the afternoon continue your drive to Paro.
- Upon arrival in Paro, visit Paro Dzong (Fortress)

Overnight: Paro| Altitude: 2200m

Day 04| Paro Sightseeing

- Morning drive to the base for the hike (3 hrs uphill) to Tiger’s Nest, the most revered temple in the country that literally hangs on a granite cliff over looking the Paro valley. Most of the day will go on the hike.
- On the way back, if you have the energy and time visit the Kichu Lhakhang, one of the oldest temples in Bhutan which marks the beginning of Buddhism in the country.

Overnight: Paro

Day 05| Departure

Morning transfer (15 mins) to the airport for your departure flight. Your guide will bid you farewell at the airport.

Some useful Bhutanese phrases

Hello: Ku-zu-zam-po-la (meaning good health)
Thank You: Ka din chey la
See you: Lok jey gay
Good bye: Lus la “or” Laso la



- **Meal plan in all the hotels are CP that is you all will be provided with breakfast only.**