



West Bhutan Cultural Tour

07 Days/ 06 Nights

Day 01| Departure for Paro, Bhutan – Thimphu (1.5 Hr)
Day 02| Thimphu – Punakha (3 Hrs)
Day 03| Punakha sightseeing
Day 04| Punakha – Paro (4.5 Hrs)
Day 05| Paro Sightseeing
Day 06| Paro Sightseeing
Day 07| Departure

Day 01| Arrival in Paro – Thimphu (1.5 Hr)

- Upon your arrival in Paro airport our guide will be there to welcome you and transfer to Thimphu.
- After Lunch visit the Memorial Chorten (temple) built in memory of the late 3rd King. This place now happens to be a get together point for the elderly people, who spend their whole day chanting prayers and meeting their friends.
- Visit Changangkha Lhakhang, the oldest temple in the valley offering a beautiful view of the valley.
- Visit the largest and the newly built statue of Buddha offering magnificent view of entire Thimphu valley.
- After 5 PM, visit the fortress of Thimphu, Tashichho Dzong, which houses the throne of the king.
- Evening walk around the happening town, the largest and the most crowded town in Bhutan.

Overnight: Thimphu| Altitude: 2300m

Day 02| Thimphu – Punakha (3 Hrs)

- Visit the School of Arts and Crafts where students learn 13 different arts used predominantly in Bhutan. Visit Folk Heritage Museum which explains how a traditional house used to be like in the olden days
- Lunch in the town and drive to Punakha crossing over Dochula pass (3200 mts). If the weather permits one can enjoy a spectacular breath taking view of the highest mountain peaks of Bhutan at a sight that stretches almost 180 degrees. Take a break and walk around the newly built 108 stupas and continue to the sub tropical valley of Punakha

Overnight: Punakha| Altitude: 1350m



Day 03| Punakha Sightseeing

- Morning drive to visit Punakha Dzong (fortress), which houses the most elaborated temple in the country. This is a must to see fortress in Bhutan and a fine example of Bhutanese rich Art and Architecture.
- Visit the longest suspension bridge of the county
- visit Chimi Lhakhang, the temple of fertility associated with religious art of phallus

Overnight: Punakha

Day 04| Punakha – Paro (4.5 Hrs.)

- Later after breakfast retrace your drive back to Paro.
- En route could stop in Thimphu for lunch.
- After lunch could continue some of the sightseeing that you might have had missed earlier.
- Later in the afternoon continue your drive to Paro.
- Upon arrival in Paro, relax in the hotel.

Overnight: Paro| Altitude: 2200m

Day 05| Paro Sightseeing

- Morning drive to Chelela Pass, 3800m one of the highest motor able road in Bhutan. If the weather permits one can view the most scared and the highest mountain peak in the country Mt. Jomolhari (7314m) overlooking at you. Walk around the pass with prayer flag fluttering and enjoy the fresh air.
- Afternoon back to the hotel.
- Later visit Paro Dzong (Fortress) and National Museum of Bhutan

Overnight: Paro



Day 06| Paro Sightseeing

- Morning drive to the base for the hike (3 hrs uphill) to Tiger's Nest, the most revered temple in the country that literally hangs on a granite cliff overlooking the Paro valley. Most of the day will go on the hike.
- On the way back, if you have the energy and time visit the Kichu Lakang, one of the oldest temples in Bhutan which marks the beginning of Buddhism in the country.

Overnight: Paro

Day 07| Departure

Morning transfer (15 mins) to the airport for your departure flight. Your guide will bid you farewell at the airport.

Some useful Bhutanese phrases

Hello: Ku-zu-zam-po-la (meaning good health)

Thank You: Ka din chey la

See you: Lok jey gay

Good bye: Lus la "or" Laso la

WELCOME TO BHUTAN